Extension Activities done by NSS/NCC during 2020-2021

Following are the various extension activities held under NSS/NCC during the period June 2020 to December 2021.

Activities held under NSS

1. Service in Legislative Assembly Election on 6-4-2021.

Volunteers contributed their service in Legislative Assembly Election 2021. (*In collaboration with State Election Commission*). 90 students participated.

2. "Anaemia Prevention" on 12-06-2021

On this day, volunteers attended a webinar on the topic, "Anemia prevention" by Smt.Jyothi.T, Nutritionist ICDS Iritty. (*Collaborated with child development department and ICDS Iritty*) through Instagram. 180 students participated.

3. One Week Workshop in connection with International Yoga Day during 14-21 June 2021.

NSS volunteers participated online for this programmer conducted *in collaboration with NSS –NSUT CELL. 6*0 students participated.

4. "Menace of Drug Abuse in Society" on 26-06-2021

On this day, volunteers attended a webinar on the topic "Menace of drug abuse in society" by Hon'ble judge Shri. Mujeeb Rahman C (Special Fast Track Court Chairman of Taluk service committee, Taliparamba. (*Collaborated with Taliparamba Taluk legal services committee*). 120 students participated.

5. Anti Dowry Campaign on 17-07-2021.

On this day, volunteers attended a webinar on the topic "Women and Law" in connection with "Anti Dowry Campaign" inaugrated by Sri.Balakrishnan KK (Hon.Special judge, Vigilance court, Thalassery conducted by Adv.Lis Maria K (Adv.

Dist Court, Thalassery) (*Collaborated with Kannur district legal services authority*). 180 students participated.

6. "Gender Sensitization on 31-07-2021.

On this day, volunteers attended a webinar on the topic "Gender Sensitization" conducted by Jestine K Joseph (Project Consultant, NSS Technical Cell Kerala) (Collaborated with women and child development centre, mahila sakthi kendra, kannur). 100 students participated.

7. Gender Sensitization on 06-08-2021.

On this day, volunteers attended a webinar on the topic"Gender Sensitization" conducted by Preetha K P V (Social worker & Gender Trainer) and in the absence of Sukanya N (Councilor-Kannur Corporation) Jestine K Joseph (Project Consultant, NSS Technical Cell Kerala) handled the session (*Collaborated with women and child development centre*, *Mahila Sakthi Kendra*, *Kannur*). 100 students participated.

8. A programme on the importance of Nature & Wildlife on 08-10-2021.

On this day, volunteers attended a webinar on the topic "Importance of Nature & Wildlife" by Dr.Muhammed Jafer Palot Scientist, Zoological Survey of India, Pune. (*Collaborated with Kerala forest and wildlife department*). 120 students participated.

9. A Programme on Cyber Security on 12-10-2021

On this day volunteers attended a Cyber Security awareness program by Adv.Rakhith R, Advocate Dist.Court Thalassery.(*Collaborated with district legal services authority*). 180 students participated.

10. "Light To Light"- A world peace day programme on 23-10-2021

On this day, volunteers attended a webinar "Light to light" by PK.Premaraj and T.Sivaraman. (*Collaborated with NGO - world without war and violence*). 97 students participated.

11. "Workshop on World peace" on 26-11-2021

On this day, a work shop has been conducted on world peace by P K.Premaraj and Chandrababu. (*Collaborated with NGO - world without war and violence*). 30 students participated.

12. An awareness Programme on Voters List Renewal on 27-11-2021.

NSS organized an awareness programme on Voters List Renewal by conducting flash mob at various centers nearby college. (*An extension programme in collaboration with Iritty taluk*). 15 students participated.

13. Blood Donation Camp on 13-12-2021

NSS organized a Blood Donation Camp. Almost 25 volunteers has been donated blood.

(In collaboration with Life Donors Kerala -A Charitable Society). 125 students participated.

Activities held under N C C

1. Volunteered Covid Mega Vaccination Camp on 9-4-2021 to 16-4-2021. (In collaboration with Taluk Hospital, Iritty Muncipality)

COVID Mega Vaccination Camp was conducted by Iritty Municipality on 9th April 2021 and 16th April 2021. Camp volunteered by NCC cadets of our unit. 30 students participated.

2. Environment Day on 05-06-2021 (in collaboration with Iritty Municipality)

The better the environment is the better the life is. It is always very necessary to keep our environment green and clean. Is the protection of our Mother Nature our responsibility or duty? On the relevance of this topic a speech competition was held and prizes were distributed to winners. Digital blood pressure monitor was distributed to Iritty municipality Keezhurkunn ward Aarogya Jagratha committee. 34 students participated.

3. Campaign Against Drug Abuse And Illicit Trafficking 24-07-2021 (In collaboration with Kerala Excise Department)

A campaign was conducted against drug abuse and illicit trafficking which was inaugurated by Lt.DrSumith.PV .Thalassery range excise officer Sameer K acted as the resource person. 34 students participated.

4. Independence Day 15-08-2021 (In collaboration with RED IS BLOOD-A charitable society)

As an Indian we all know what this day means to our nation. It encourages patriotic sentiments among people. It also gives an occasion to assess the growth of nation and make future plans. On this day a webinar was conducted on the topic MY

FREEDOM MY GROWTH which was lead by Capt.Dr Patrick Rajkumar. Our NCC unit joined hands with RIBK (Red is Blood Kerala Charitable Society and conducted another webinar on blood donation. The webinar was inaugurated by Mr.Shinu and the lecture was taken by Dr.Shahina Abdul Latheef. Rather than the webinars we also held a tricolour photography competition to celebrate the 75thIndependence day cheerfully. 34 students participated.

5. SSB Awareness Programme on 14-11-2021 (In collaboration with Indian Compact – A training team)

A webinar was conducted to make the cadets aware about the process of SSB interview. 54 students participated.